**Washing Hands**

**Standard Operating Procedure**

* Keep natural nails short and do not wear false nails.
* Do not use hot water to rinse your hands.
* Wet hands with water.
* Apply enough soap, in a cupped hand, to cover all surfaces of the hands.
* Rub hands palm to palm.
* Rub right palm over left dorsum with interlaced fingers and vice versa.
* Rub palm to palm with fingers interlaced.
* Rub backs of fingers to opposing palms with fingers interlocked.
* Rotational rubbing of left thumb clasped in right palm and vice versa.
* Rotational rubbing, backward and forward with clasped fingers of right hand in left palm and vice versa.
* Rinse hands with hands.
* Dry hands thoroughly with a single use towel.
* Use towel to turn off faucet.
* Your hands are safe.
* Let your hands completely dry before putting on gloves.

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